



# JUMP/ OFF

## Level 2

**Goal:** We'll use the cue "Jump" to get the dog to jump onto an elevated surface, like "Jump" in the car, "Jump" on the couch, etc. To the cue "Jump" the dog will jump then "Sit" or "Down". We'll use the cue "Off" to get the dog to get out of the car, off the couch or off any elevated surface. To the cue "Off" the dog will get on the ground and automatically "Sit" and give us eye contact..

**Material:** clicker, treats, elevated platform

TRAINING PLAN		
1.	<b>Luring the dog to jump</b>	With the dog on leash, walk towards a low platform. Encourage the dog to jump on the platform. If needed, lure the dog with treats onto the platform. Click on treat 3-4 times once on the platform. Walk away from the platform, encouraging the dog to follow, to get them off the platform. Repeat this step until the dog automatically jumps on the platform as you approach and gets off as you start moving away. Gradually reduce your movement towards or away from the platform until you can stand next to the platform. You can help the dog by throwing a treat on the floor to get them off the platform.
2.	<b>Adding "Down"</b>	Once the dog jumps on the platform, say the word "Down", click and treat the dog once in position. After a few repetitions, delay saying the word "Down" and give the dog a chance to lie down on their own. Click and jackpot. The goal here will be to quickly stop having to cue the dog.
3.	<b>Adding "Sit"</b>	As soon as the dog gets off the platform, ask for a "Sit", click and treat for getting in position. After 4-5 times, wait and give the dog a chance to sit on their own.
4.	<b>Adding the cue</b>	As the dog initiates movement onto the platform, say the word "Jump". Click and treat once the dog is lying down on the platform. As the dog gets off the platform, say the word "Off". Click and treat the dog for sitting in front of you.
5.	<b>Building duration</b>	Gradually delay the click after the dog gets into position (on or off the platform), until the dog maintains the position for up to 6 seconds. As always, you'll want to build the duration randomly, clicking after 2 seconds, 4 seconds, 1 second, etc.
6.	<b>Changing your position</b>	Ask the dog to "Jump" and "Off" while you're standing at different angles, sitting in a chair or even on the floor.
7.	<b>Building distance</b>	Gradually build distance by stopping a few feet away from the platform. The goal here will be to send the dog to the platform from a distance up to 5 feet away.
8.	<b>Building distractions</b>	Repeat the steps above by gradually increasing the level of distractions. Tap on the wall, have another person nearby, another dog, etc.
9.	<b>Generalization</b>	Repeat the steps above in different locations and in different positions. Try different surfaces such as a couch, the back of a car, a small table, etc.
10.	<b>Fluency</b>	Gradually build up the level of difficulty until you can successfully get your dog to respond to the cues "Jump" and "Off" in different places and with different



		levels of distractions. Use the cues in everyday life situation anytime you need to get your dog onto or off an elevated surface.
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CONGRATULATIONS! If you've come this far, you have taught the dog a solid response to the cues "Jump" and "Off".